



LIFE'S ADDITION: GOOD DEEDS TO GOOD DEEDS

EVERY WOMAN'S OPPORTUNITY

The Bulletin wants good home letters; good business letters; helpful letters of any kind the mind may suggest. They should be in hand by Wednesday of each week. Write on but one side of the paper. Address, SOCIAL CORNER EDITOR, Bulletin Office, Norwich, Conn.

THREE PRIZES MONTHLY: \$2.50 to first; \$1.50 to second; \$1.00 to third. Award made the last Saturday in each month.

SOCIAL CORNER PRIZES FOR JULY

First Prize—\$2.50

To Polly Wintergreen for letter entitled: "Ways to Serve Blueberries and Huckleberries."

Second Prize—\$1.50

To Sunbonnet Sue for letter entitled: "Comfort on the Veranda."

Third Prize—\$1.00

To Paula for letter entitled: "Recipes for Canning Gooseberries."

SOCIAL CORNER POEM.

EACH IN HIS OWN TONGUE.

By William Herbert Carruth.
A fire-mind and a planet—
A crystal and a cell—
A jelly-fish and a saurian,
And caves where the cave men dwell,
Then a sense of law and beauty,
And a face turned from the cloud,
Some call it Evolution,
And others call it God.

A haze on the far horizon,
The infinite, tender sky,
The ripe, rich tint of the cornfields,
And the green, waving sailing ship,
And all over upland and lowland,
The charm of the goldenrod,
Some of us call it Autumn,
And others call it God.

Like tides on a crescent sea-beach,
When the moon is new and thin,
Into our hearts and souls,
Come welling and surging in—
Come from the mystic ocean,
Where no foot has trod—
Some of us call it Longing,
And others call it God.

A nickel frozen on duty—
A mother's stare and a brood—
Sorrow drinking the hemlock,
And Jesus on the road;
And millions who, humble and nameless,
The straight, hard pathway plod,
Some call it Consolation,
And others call it God.

Sent in by SWEET SIXTEEN.
(That was.)

INQUIRIES AND ANSWERS.

REMEMBER ME—Claim received and will be promptly attended to.
TIDY ADDY—Card for Joseph Doe received and forwarded.
THEODA—Letter to Joseph Doe received and forwarded.

TIMELY RECIPES.

Dear Social Corner Sisters: Here are several ways in which to serve the summer berries.

Cherry Salad: Stew and pit a pound of perfect cherries, place a blanched almond in each, and set on the ice to chill. At serving time arrange on a bed of freshly picked, chilled lettuce, and dress with lemon juice and powdered sugar.

Current Cream: Dissolve a tumbler of red-current jelly in a pint of cream, and add a little sugar if not sufficiently sweet. Soak a heaping tablespoon of gelatin in a little water, heat it in the cream thoroughly, and pour the mixture into a mold to harden. When firm turn out and garnish with perfect clusters of fresh currants. Serve plain or with cream.

Blackberry Charlotte: Make a pint of blackberry jelly, soaking the gelatin in half a cup of water and dissolving it in a cup and a half of hot blackberry juice. Sweeten to taste, and when almost firm beat it to a froth, folding in a pint of stiffly whipped cream. Pour into individual molds lined with strips of sponge cake. Serve very cold with whipped cream.

Princess Loaf: Bake a good pound-cake mixture in a hexagonal pan, and after scooping out the interior frost with rose green icing flavored with vanilla or vanilla, as preferred. When a pint of heavy cream until stiff, sweeten to taste, and add a tablespoon of cold water. Fold in a cup of strawberries cut up quite fine. Fill the cake with this mixture and set on the ice for three or four hours.

Fruit Sandwiches: Crush slightly equal quantities of red currants and raspberries, and to every pound add one pound of sugar. Cook until it reaches the consistency of jam. Spread between slices of buttered bread, and decorate with currants.

EASTON LILY.

AN INTERESTED READER.

Dear Social Corner Writers: I have been interested in the Social Corner since its beginning. I wish to tell the Sisters how much I have enjoyed their letters. The first thing I saw Saturday morning when my paper comes I look for the letters, and I find lots of good things in them.

WILLIAMTIE.

Every Woman Wants
Pastine
ANTISEPTIC POWDER
FOR PERSONAL HYGIENE
Dissolved in water for douches, stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. See advertisement in this paper. Sample Free. 50c. All druggists, or postpaid by mail, The Pastine Co., Boston, Mass.

WHEN YOU WANT to put your business before the public, there is no medium better than through the advertising columns of The Bulletin.

a half wide thin boards and four clamps.
Fasten the strips of wood into a frame, after driving brads through two of the strips. Try to make the strips of cloth that will be the warp of the rug. They should be about half an inch apart. The strips of cloth should be cut about an inch and a half wide; then stretch them across the frame from brad to brad. Make a needle from a length of hard wood by sharpening one end, and using it to drive a hole in the other end for an eye.

Weave the cross strips in and out exactly as you would for weaving, pushing every row of weaving up tight and see that the ados do not draw.
A pretty rug can be made from discarded muslin or strips of old (or new) silk.

Do not have the frame too large, as it will be awkward to handle. A loom 20 inches wide and 30 inches long is a good size. When strips are finished sew them together to form a rug the size wanted.

Wishing success to any who may try the hand woven rug.

UDELLE.

A VEGETABLE PARTY.

Dear Social Corner Folks: I am sending a suggestion for a vegetable party. It may be of help to some one who wishes to try it.

The invitations for this party may have a picture of a vegetable out from a seed catalogue and pasted on the upper right hand corner. Or if preferred the invitations may each be cut in the shape of a different kind of vegetable and the words written thereon.

The house should be freely decorated with leaves as well as with products of the garden, cornstalks, fruits with their foliage and bright flowers. When ready to begin the entertainment the hostess should pass little books decorated with pictures of farm products and containing the following numbered questions:

1. What vegetable did Pharaoh see in his dream? Corn.
2. What vegetable is composed of letters of the alphabet? Peas.
3. What vegetables would be bad in a boat? Lettuce.

4. What vegetables could play the drum? Beets.
5. What vegetable is a letter and frozen water? Ice.

6. What vegetable is a barnyard product and a vegetable growth? Egg plant.
7. What vegetable is the employment of some women and the dread of all? Spinach.

8. What vegetable brings water and is a relative? Pumpkin.
9. What vegetable means to dry, a narrow bed and a kind of tree? Succotash.

10. What vegetable is admired, part of a needle, and to suffocate? Artichoke.
11. What one is colored? Radish.
12. What one is a kind of court? Squash.

13. What one asks permission? Lettuce.
14. What one is often wasted? Turnip.
15. What one is wise? Sage.

16. Which one filled with money? Mint.
17. Which one is a vehicle and old? Cabbage.
18. Which one is a foreign city and to grow? Brussels sprouts.

19. When a woman has her answers, the hostess collects the little books, makes out the scores and awards the prizes to the successful guessers.

Refreshments may then be served, with ice cream and cake for the last delicacy.

CRIMSON RAMBLER.

TWO SIMPLE RECIPES.

Mr. Editor—I am aware that remedies that do not cost much are always

regarded with suspicion and generally neglected.

Here is a remedy for the dyspepsia: Two ounces of glycerin, 1 ounce of powdered ginger, 1 ounce of soda, 1 teaspoon of peppermint. Mix all together and pour on one pint of hot water.

Shake well before taking. The glycerin is healing, the ginger is a laxative, the soda is to relieve gas, the peppermint is to soothe the stomach.

One who has tried this remedy writes: I know it will surely cure you. I have been taking it about six months and the cold has gone and I can eat anything. I am cured, but I am never without it. After eating, if I feel the least bit distressed, I take a spoonful and it helps.

It is patent nothing will cure a person who bolts his food. Chew, Chew, Chew! is the greatest preventative for dyspepsia.

Put 1-2 teaspoon of baking soda, salt, and powdered borax into a mug of water for a gargle and use frequently. It will cure sore throat, or cure it, and snuffed up the nostrils will quickly cure a cold in the head. This is a sure check to catarrh.

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We may get sick without knowing how it has come, but we have to know how to get well.

THE CRANK.

SOOTHING AND STIMULATING BATHS.

Dear Social Corner Sisters: I presume that you all had an enjoyable outing at Remember Me's. It was very hot here, but the water in the bath of the heat for it is much needed to make vegetation grow. This season has been a discouraging one to the farmers in this vicinity, who, on account of so much rain could not plant their usual crops, and now are finding it hard to harvest the good crop of hay on account of frequent rains.

Bright Ray and Samantha. I thank you very much for your cards.

We do know that there are many ways in which one can help to preserve health, and as we are all being out of doors; and also that food and drink build up and maintain the body, but, to we have been collecting on the surface of the skin, which has been eliminated or expelled by the capillaries of the skin.

There are several different kinds of baths, all of which are beneficial to the system, but I will only speak of the necessity and of the benefit which is derived from the most common and the most essential ones.

The cleansing bath should be warm enough, not only for the purpose of removing the dirt from the body, but it should also gather up the decomposed matter, which has collected on the surface of the skin, which has been eliminated or expelled by the capillaries of the skin.

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tate and poison the healthy cells beneath the skin. It can be used with a nerve treatment and should be taken in the morning. It causes the heart to beat steadily and stronger. The skin is moistened and empty. The small blood vessels which refill again after the brisk rubbing which should follow the bath, and which also gives the healthy warmth and glow to the body.

The cold bath is an excellent tonic and stimulant while the warm bath has an opposite effect. For instead of causing one to feel more sprightly it soothes and calms the worn and tired nervous system and often induces sleep.

Warm baths are recommended for those who are mentally overworked and who are unable to sleep. The baths for this purpose should be as warm as can be borne and should be taken for fifteen or twenty minutes.

Sea bathing is exceedingly stimulating on account of the action of the salt and the exciting surroundings. The bathers should leave the water at once after feeling a chilly sensation. A sun bath is soul satisfying, soothing and strengthening, proving that sunlight is necessary for the health of the body.

Let us then indulge in frequent baths not only for their cleansing properties, but for the beneficial bath to the system for there is nothing better for preserving the health, improving the complexion, preventing wrinkles, keeping up strength, and for prolonging life.

Best wishes to all.

DIANA.

ENTIRE WHEAT CAKE.

Dear Editor and Social Cornerites: Just a few words of greeting to this hot afternoon.

Kindly Don't think: Thank you very much for having printed the recipe for "Highland Cookies," which I asked for some time ago. I haven't made any since yesterday, and I am indeed, delicious. I and hope others of the Sisters will make them, too.

I wonder how many of the Sisters use and love flour for making cake? Here are two recipes which I hope some of you will try. Personally, I think that I actually prefer either of them, but I have been making common, everyday cake.

Entire Wheat Chocolate Cake—Cream one-half cup of butter, add one cup of sugar, then two egg-yolks well beaten and two egg-whites beaten stiff. Add one-half cup of milk alternately with one and one-third cups entire wheat flour in which two and one-half teaspoons of baking powder have been sifted. Beat well. Then add two squares of melted chocolate and one teaspoon of vanilla. Beat again and bake for forty minutes in a shallow cake pan. When cool cover with white frosting.

Walnut Cake—Cream one-half cup of butter, add one cup of sugar, and then three eggs, well beaten. Add one-half cup of milk alternately with one and two-thirds cups of entire wheat flour in which two and one-half teaspoons of baking powder have been sifted. Beat well. Then add two squares of melted chocolate and one teaspoon of vanilla. Beat again and bake for forty minutes in a shallow cake pan. When cool cover with white frosting.

When powdered sugar or malted milk sets lumpy, run through the food choker.

Before broiling a slice of ham rub brown sugar on it. The ham will then have a delicious flavor. It is an improvement to soak in sugar and water a while.

Always remember to stir hash with a fork; if you stir it with a spoon it will be lumpy.

Tomato—One bottle of vasoline, 10 cents worth of resorcinol; put on the stove and melt. It will surely make the hair grow if rubbed in the scalp. Potato—If you have a lot of potatoes, put on burners when scraped; clean bottles, with a little shot.

Potato skins will make the chimney clear if burned often.

KITTY LOU.

BREAD RECIPES.

Dear Social Corner Sisters: Here with I send a few tested recipes:

Graham Bread—One cake yeast, one cup milk scalded and cool, four tablespoons lard, one cup sugar, one cup molasses, one cup lukewarm water, two tablespoons lard or butter melted, four cups graham flour, one cup sifted wheat flour, one egg.

Rye Bread—One cake yeast, one cup milk, scalded and cool, two cups lukewarm water, five cups rye flour, one cup one-half cups sifted wheat flour, one tablespoon lard or butter melted, one tablespoon salt.

With best wishes to all the Sisters and Brothers.

FARMER'S DAUGHTER.

SMILES FROM SUNSHINE NO. 2.

Dear Social Corner Sisters: I could not possibly attend the annual picnic at the lake. I was so very busy. I am trying my best to get ready for some of the near future. I enjoy them so very much.

Crimson Rambler: Are you enjoying yourself? I do not see you any more, perhaps you are at your cottage by the shore.

Kitty Lou: I have heard a great deal about you. I wish I could have a chance to see some of your goodies. I think they must be fine. You have two lovely lady friends who live near you and I am acquainted with them. They are I think, just what you were, as they were very much interested in your writing.

Health Guides for anyone who wants to smile:
To secure a smooth complexion—use sandpaper.
For indigestion, drink anything that will divert the mind from the stomach.
Eliminate boils as soon as they appear, using scissors or file.
For a sore toe, first cut off the toe. When a corn is present, kill them; saying yourself if possible.
All bad eyes should be replaced with glasses. It is sanitary.
Before all on the large porch which encircled two sides of the house, making a beautiful place for the party.

We were graciously welcomed by Remember Me and Aunt Sarah, who did everything for our pleasure and comfort.

This house was the home of Remember Me in her girlhood days and is now fully equipped with modern improvements.

The porch was tastefully trimmed with

Dear Social Corner Sisters—Here are a few good recipes I can recommend to you:

S's Cake—One cup brown sugar, 1 1/2 cups butter, 1 cup sour milk, 1 teaspoon cinnamon, 1-4 teaspoon cloves 1 teaspoon soda, 1 cup chopped raisins or currants, 2 cups flour. Put in the

fruit the last of all after the cake is all mixed.

HERE'S SOMETHING NEW.

Coventry Lake Cream Cake—One pint of butter rubbed into 1 quart of flour, 1 quart of hot water, with the butter and flour stirred in. When cool, break in from 5 to 12 eggs, as you can afford. If needed, add flour till thick enough to drop on buttered tin. Round cakes the size of a teacup. When baked, open and fill with soft custard or milk cream.

Oatmeal Gems—Two cups oatmeal and 1-2 cups sour milk. Soak over night. In the morning add 1 teaspoon soda, 2 tablespoons sugar, 1 egg, pinch salt, 1 cup flour.

Social Corner Picnic Pudding—Take any kind of cold meat and chop it fine, with cold ham or cold salt pork. Season it to your taste with salt, pepper and sweet herbs, a little butter, and stir in 2 eggs. Then make alternate layers of cold boiled rice and this mixture and bake half an hour, or make it into cakes and fry it.

Bread Pudding—Four cups of bread, broken up, soaked in 2 eggs, a little salt, half a cup of sugar, a dash of nutmeg, 1 cup of raisins. Mix all together and add 1 quart of milk. Put in a small piece of butter on top before placing in the oven.

Sauce—One-half cup of sugar, salt, mix together thoroughly and then add cup of cold water; cook until it thickens and add 1 teaspoon of vanilla and a small piece of butter, size of a walnut.

Best wishes to all.

HANNAH WHO.

SOCIAL CORNER BANNER FOR GOOD DEEDS.

This good deeds banner is made of white satin; the letters are crocheted in yellow and red.

The year 1916 is the same; in top corner are yellow crocheted roses. The American flag is at the top. A coat-of-arms below the letter is of red, white



and blue ribbon tied with a yellow ribbon with No. 1, No. 2, and No. 3 within. All around the banner is yellow-crocheted plect edge. The flag-stick through the back centre and with cord and tassel, complete the banner.

THINGS USEFUL TO KNOW.

Dear Sisters of the Social Corner: I send in a few things it is useful to know.

Pour boiling water on oranges, apples, tomatoes, peaches and potatoes and they will peel very quickly.

Dingy towels can be restored to normal whiteness by putting in a kettle of boiling water, add 1-4 cake paraffine wax and 1 tablespoon borax, 1-4 cake soap shaved. Put towels in hot water before putting them in a kettle.

When powdered sugar or malted milk sets lumpy, run through the food choker.

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yellow bunting, flowers, little tables here and there, swings, hammocks, everything so cozy and comfortable; and we were comfortable in such a nice breeze.

Many came by trolley and were met by guides with their golden sashes. Aunt Sarah went to meet the halt and the blind, others came in automobiles and with trusty horses.

A fine lunch was served, including tea, provided through the courtesy of The Bulletin, and about 50 guests.

After lunch we enjoyed the program consisting of piano solos by Mrs. F. Burgess; readings by Sister Avery; a recitation by Myrtle Brown, with vocal solos given by Edith Brown, and Miss Eleanor Burgess.

The guest of honor was Mrs. Elizabeth C. Little of Lebanon, aged 55 years and 5 months. Pollyanna brought her with her, accompanied by her daughter, Mrs. Card. Grandma Little is still active, having placed and put together five bed quilts since last Thanksgiving. It almost made the young girls around 50 years feel lazy. We were pleased and honored to have her with us on the 20th. Golden Rod and Alfara: I looked for you that day.

Cleo filled in a few spare moments teaching a class in crochet.

We were fortunate. Amy and hubby called in their car and carried us to the picnic grounds. This was much appreciated, and all took us home. Thus closed another delightful day.

We owe the hostesses and The Bulletin a vote of thanks, which I take the liberty to extend in the name of the Sisters present.

Yours for The Corner.

Willamantic.

TIDY ADDLY.

GREETINGS FROM AUNT JERUSA.

Dear Social Corner Sisters: Just a line to thank you for the good time you had on the 20th. What a fine day, too. Such a good place for a picnic. I did enjoy meeting the Sisters and meeting new friends. I had a very cheerful time while on the car to find another with a whole bunch on of yellow ribbon, for then I knew I was not the last.

Remember Me: I hope those pictures will come out good. I hope you did not get sick working so to give us such a good time. I miss Peggy Ann, as she has always been there.

Aunt Sarah: How did you stand it? I know you were tired. Well, I finally got worse. Can't you guess? I had had been there, there would have been a team and a horse to let. You did have a nice day. How it has rained today, just steady.

Oliver: I hope your mother did not get too tired, so she won't want to go again, as I did enjoy the chat with her very much, and will deliver my message as soon as I can.

Juliet: Where art thou? Thought you were going, missing you and Lorain. Say Frances there.

Married and Happy: Send